

Your Triad

Use it when... *your triad meets, every month, all year.*

THE ONE RULE Listen before fixing. Not sure which he wants?
Ask: "Do you want help with this, or do you want to be heard?"

THE STANDING MEETING • FROM MONTH TWO • 90 MINUTES

Arrive and settle	10	Phones away. Someone says the one rule aloud. Optional: "If you really knew me right now..."
The month's question	50	Fifteen minutes a man (eleven in a four). Open his turn: What did you do this week? What did we learn? No cross-talk until he is finished.
Open table	20	Anything on the table. No agenda.
Set the next one	10	Date, place, initiator, next month's question.

TWO JOBS THAT ROTATE

The initiator	Books the table, sends the reminder, picks next month's question.
The timekeeper	The man on the speaker's left. Past fifteen minutes he says "two more minutes", kindly, out loud.

THE SPEAKER'S HALF: ONE LEVEL DEEPER

Each meeting, go one step past easy. Not everything at once.

CLOSE THE SAME WAY EVERY TIME

A prayer, a toast, a line. The ritual is what makes three friendships a group.

Between meetings: a weekly text or call with each man, and a shoulder-to-shoulder hour with one.

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TWELVE QUESTIONS • ONE A MONTH, EASY FIRST

M1	What's one thing going well in your life right now?
M2	What's one thing you're working hard at that others might not see?
M3	What's one thing you're wrestling with?
M4	What's a dream or desire you rarely talk about?
M5	What's one fear or uncertainty you're carrying?
M6	What's a regret that still has some weight?
M7	What is God doing in you right now — and what's resisting it?
M8	Where do you feel most alive? When did you last feel it?
M9	What does your marriage need from you right now?
M10	What's the gap between who you are and who you want to be?
M11	What do you want to be remembered for?
M12	What has this triad given you that you couldn't have found alone?

THE FIRST MEETING RUNS ITS OWN WAY • 90 MINUTES

Settle	10	Eat together. Phones face down. Say the one rule aloud.
Question	60	M1, twenty minutes a man (fifteen in a four). Two listen (card E1), then each says one thing he heard. No advice unless asked.
The charter	15	Finish it: purpose, commitment, any blanks. Pick an activity; date it.
Month two	5	Date, place, initiator, the M2 question. Close.

A rehearsal for Clearness Monday, February 22: no fixing.

THIS SKILL'S PRACTICES S10 Shoulder to shoulder • S13 Keep a small promise

More in the Toolkit: 5 • Build & Host; 2 • Ask
Session 10 triad charter; Burrow (GripTape); Bradford & Robin, Connect (2021).
WhyzMen • Rewire Retirement • Card T1 • r3

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